

## 2022 Annual Report

To Our Supporters:

As we enter our fourth year as a Head Start based early childhood educational program, we are prioritizing activities that support St. Benedict Center families in better dealing with the consequences of adverse childhood experiences (ACEs). Because issues around abuse and neglect contribute to inappropriate classroom behaviors for children struggling to express their emotions positively, we are committed to actions that improve each child's learning opportunity.

This past year, we added a new position for a Behavioral Health Specialist who intervenes when a child experiences an in-classroom breakdown and also coordinates the establishment of proactive behavioral health plans for children with recurring emotional and behavioral concerns. The good news is that this work, which began in late 2022, is already beginning to bear fruit.

But what we learned this year is that stressors are not limited to our children but they also affect St. Benedict families and staff as they struggle to support the emotional development of our children. So as we move forward this year, we will grow our partnership with Tip it Forward, a holistic health program that provides our staff and parent community with tools that allow them to deal with their stress in a holistic way. Using essential oils and breathing techniques we are teaching them how to lower stress in the moment as well as providing support in accessing professional services to address more systemic issues.

In the upcoming year, St Benedict Center will focus heavily on making sure that the children and families leaving our center are prepared and ready for their kindergarten experiences. We will focus on family involvement and will provide a space for families to learn what it means to be kindergarten ready and how they can help their children.

There will be family engagement nights. We will also introduce the Brigance test to assess kindergarten readiness for our children going to Kindergarten in 2023. We will conduct this assessment on each child three times thereby allowing us to see where they are and reevaluate what they need.

We hope our efforts will lead to a group of children entering Kindergarten having a successful year.

Felicia Alfred  
Executive Director

2022/2023  
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At the St. Benedict Center, we believe that every child, regardless of circumstances at birth, has the ability and deserves access to the support necessary to reach their full potential.



This year we operated at full capacity, providing Head Start and Early Head Start Services for up to 99 children, age 6 weeks to kindergarten.

At the end of the year, a total of seventeen 5-year-olds moved on to JCPS Kindergarten programs. Congratulations to all!

While providing each child with an impactful educational experience is the first priority of St. Benedict, our family advocates assisted parents with job search, seeking housing and enrollment in our stress management workshops.

All in all, it was a great year.

# St. Benedict Center

## Statement of Activities & Net Assets

	2022	2021
<b>Revenues and other support</b>		
Program services	\$ 599,534	\$ 427,248
Federal and state funding	807,919	794,312
Contributions and grants	19,091	66,389
Paycheck Protection Program loan forgiveness	-	100,386
Other miscellaneous income	248	145
	<u>1,426,792</u>	<u>1,388,480</u>
Net assets released from restrictions	<u>-</u>	<u>-</u>
Total revenues and other support	<u>1,426,792</u>	<u>1,388,480</u>
 <b>Expenses</b>		
Program services	1,095,109	853,377
Management and general	213,351	163,784
	<u>1,308,460</u>	<u>1,017,161</u>
Total expenses	<u>1,308,460</u>	<u>1,017,161</u>
Increase in net assets	118,332	371,319
Net assets, beginning of year	<u>629,480</u>	<u>258,161</u>
Net assets, end of year	<u>\$ 747,812</u>	<u>\$ 629,480</u>

